



## Attunement Catalogue



Usui Reiki Attunements (In person only)

Reiki Modality Attunements for existing  
Usui Level 1, 2 and Master Practitioners.

Angel Attunements;

Energy Healing System Attunements  
(Which do not require prior Reiki Attunement.)

All attunements come with:

- Manual or information sheets
- Certificate suitable for framing
- Unlimited support

## **Welcome to SOLANA**

Hello and welcome to Solana. My name is Bev Lewis - I am a Usui Reiki Master Teacher registered with the Reiki Healers and Teachers Society, and am also attuned to and able to pass on many other Reiki Healing Modalities and Energy Healing Systems.

Here you will find a wonderful and wide range of energy based healing systems that you will be able to use for healing and guidance for yourself and for friends and family, clients and students of your own. All will give you personal and spiritual growth, many are specifically for that purpose. All are received via distance attunement and come with full, ongoing email support.

I am also in the process of creating distance learning packages for many of the attunements or systems you will find here, for those of you who wish to be more closely guided and supported in your learning and your journey. These will include worksheets that will help you log your development and your understanding, feedback logs for your evidence in practice and will be supported by ongoing email support as always.

You will see that each attunement comes at an affordable fee, which I hope will make them accessible to anyone and everyone seeking personal and spiritual development. In asking for a fee, I am not asking you to pay for the energy you will receive, the system you will be able to use or even the manual that has been produced to support and guide you (unless you require a printed manual which does carry an additional fee of £2.50 towards materials and postage). The fee charged for each attunement contributes to my time taken in attuning you, guiding you through the process and providing help with any questions you have, healings you may need and ongoing support on your personal journey.

I have been performing distant and in person healing and attunements for over 7 years now and have often been amazed at the effects and benefits that energy healing has on my clients, my students, family and friends – and of course on myself! The Golden Rule with all holistic healing is that all healing starts and ends with Self. So, when receiving these attunements, know that first and foremost, their energy is for you and your personal and spiritual development.

### **Attunement Packages**

If you wish to learn several different modalities, I offer attunement packages which offer considerable savings on individual purchase prices. The packages are listed at the end of the catalogue.

### ***How to buy and book an attunement***

If you would like to receive any attunement from me you can contact me directly by email at [bev@solana.co.uk](mailto:bev@solana.co.uk) with the name (s) of the healing modality that you would like to receive and how you would like to pay. Payment can be made online via Paypal, by cheque/postal order, BACs transfer or by cash payment if you are able to see me personally. My email address for Paypal payments is [bev@solana.co.uk](mailto:bev@solana.co.uk) - just remember to send a note letting me know which attunement(s) you require.

Alternatively, you can visit my website at <http://www.solana.co.uk> and use the click to book facility provided for each modality or attunements package listed online. This will direct you to Paypal to make your payment, but we will still need to arrange how and when you would like to receive your attunement.

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I send attunements out usually by appointment, where we establish a convenient date and time for me to send and for you to receive your attunement. I am also able to offer the 'call in' method if that is more convenient, where I send out the intention for you to receive your attunement when you are able to receive it and you then receive when able. Both attunement methods work equally well and are as effective as in person attunements. You may enjoy reading some of the many testimonials I have received, which can be found at on my website.

I also like to know a little bit about the people I am working with and sending attunements to, so please don't be shy – share a little of yourself with me! Most of the Reiki modality attunements have a prerequisite of Usui Reiki attunement to varying Degrees and some require a Karuna based attunement also and as your teacher and guide, it's nice for me to know where you are on your journey and how you got there! ☺



### ***Preparing to receive the energies.***

Ensure your environment is secure while your attention is drawn away during your healing experience and please take care if lighting candles to assist you in relaxing and creating your healing space.

If a situation does arise during your meditation that requires your full attention, you will become fully aware and will be able to deal with it calmly and efficiently.

Begin by finding a time when you will not be disturbed and you will be able to gain maximum benefit from your experience. Prepare your healing space. If you like, light some candles, burn some relaxing essential oil or incense and bring together any comforting objects, pictures, plants or other talisman.

Sit or lie with your spine straight and begin by focusing on the breath.

Take in a deep, full breath through your nose, deep into your body...then gently allow it to escape from your body in its own time.

Simply let it go. Repeat with a second deep breath and again, gently let it go.

Allow your breathing to find its own natural rhythm and go with it.

Breathe in...breathe out... and as you focus on your breath, allow all other thoughts and feelings that may come to your attention to simply drift by, like clouds on a summer sky. Let them go..... let them float on by... and focus on your breathing, on the rhythm of life itself.

Each breath into your body is warmed by a golden sun, bringing healing energies, warmth, protection and comfort to you.

Each out breath allows you to relax and let go... a little at a time... one breath at a time...

Each breath in brings healing, love and light...each out breath releases tension...stress...and worry...

Each breath in brings peace, relaxation and contentment...each out breath allows you to relax and let go...

Be aware of your breath giving back to the Universe your unnecessary burdens... notice them float away on the waiting breeze...

You are relaxed... calm... and open receiving your attunement and the healing journey it brings...

Your attunement will be received here... Most attunements run for about 20 – 30 minutes, but some will last longer. Please take your time when receiving an attunement to fully benefit from the energies and experience.

When your attunement is complete, you will automatically become distracted or otherwise awake...

take some deep, cleansing breaths and you begin to focus on your breathing...each breath in brings you more awake and aware...aware of your body... your thoughts and your feelings...

Each breath in brings your awareness back to your physical self...your energies are grounded back into your body...

You become aware of the room and your surroundings...as your guardian angel leads you back to the room...safe and protected, empowered and confident...

As you become fully aware of your thoughts and feelings, your body and your surroundings, thank your guides and Angels for their guidance and support today...

and thank the energies we have been working with for sharing their healing gifts with you today.

When you are ready... take a nice full, deep breath into your body...slowly let it go...and open your eyes!

Have a nice big stretch and walk around!

### ***After receiving your attunement energies.***

Please drink lots of water during the 12-24 hours following an attunement as this will aid in any detox/clearing effects which can take place. These can range from cold/flu symptoms to an upset stomach but they will only last for a few days maximum.

If for any reason you also feel a little giddy and light headed after an attunement ground yourself by connecting strongly to Mother Earth, either by picturing roots flowing from your feet deep into the earth or a column of coloured light flowing through your energy body and deep into the Earth - asking for grounding to take place. It might also help to breathe deeply, have a drink or eat something light and easy on the digestive system.



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# Usui Reiki



## Usui Reiki First Degree

There are 4 initiations to the First degree of Reiki, one to the heart, one to the hands and one to the top of the head chakra, with each one only taking a couple of minutes. Each one opens the student on a deeper level and enables them to channel healing energies through their hands. The fourth and final initiation closes the initiation process. It's quite normal for one of the initiations to feel stronger or more powerful than the others.

No previous experience of Reiki is required although clients who have benefited from receiving Reiki healing treatments in the past often choose to be initiated themselves, so that they can give self treatments.

You will receive 4 Reiki Attunement ceremonies during the course of our day together, which cleanse your chakras, open and strengthen your healing gift and personal energies.

You will also learn the background of Mikao Usui.  
Learn the Five Reiki Principles behind Usui Reiki.  
Gain an understanding of the Human Energy system.  
Learn cleansing, grounding & energy protection procedures.  
Practice the Usui Meditation and learn self healing methods.

This is a one day, in person course, with ongoing support via email or telephone. Further in person meetings can be arranged if and as appropriate/required.

You will be issued with a Certificate on completion of your day.

## Usui Reiki Second Degree

There are a further 3 initiations for Second Degree Reiki which strengthen your existing First Degree Reiki connection and channel 3 Reiki symbols into the aura and chakras of the recipient. You will learn the 3 Reiki symbols and how to say, draw and use them for healing of self and of others and for distance healing.

You will need to have received your First Degree Reiki attunements before receiving Second Degree. If you have received your First Degree Attunements from a different Usui Reiki Master, I will be glad to continue you on your Reiki journey, but I will need to see your previous attunement manual or otherwise check your present understanding, in order to ensure continuity of learning.

You will receive 3 further Reiki Attunement ceremonies which further increase your connection to the Reiki energy.  
Learn use of and practice drawing the three Reiki healing symbols.  
Be shown optional hand positions and methods of treatment on others  
Introduce the use of crystals with Reiki.  
Send distant healing to loved ones using the distant healing symbol.  
Discuss Practitioner Requirements, Ethics and Code of Conduct and Insurance.  
You will be required to complete some Evidence in Practice before being issued with your Usui Reiki Second Degree Certificate.

At present, this is a one day, in person course, but if you feel it would be more beneficial, I can arrange to spread the course over 2 days to allow for more practical experience and direct teaching support.

## Usui Reiki Master Degree

In this Usui Reiki Master Degree you will receive one final attunement to the Master Symbol and will learn how to say, draw and use this symbol for the healing and improvement of self and for the healing of others. You will also learn Japanese Reiki techniques and further explore spiritual development with Reiki.

You will need to have received your First and Second Degree Reiki attunements before receiving the Master Degree. If you have received your First and or Second Degree Attunements from a different Usui Reiki Master, I will be glad to continue you on your Reiki journey, but I will need to see your previous attunement manuals or otherwise check your present understanding, in order to ensure continuity of learning.

This Master Degree does not cover the teaching of attunement ceremonies.

You will be re-attuned to your present Reiki energies and symbols  
 Receive a further attunement ceremony to channel the Master Symbol  
 Learn Japanese Reiki initiation and empowerment ceremonies  
 Learn how to give powerful Master Healing Attunements  
 Any additional learning needs will be met

At present, this is a one day, in person course, but if you feel it would be more beneficial, I can arrange to spread the course over 2 days to allow for more practical experience and direct teaching support.

You will be issued with a certificate at the end of the day.

## Usui Reiki Teacher Degree

You will be re-attuned to your present level of Reiki energies and symbols and will then receive the Reiki Master/Teacher Attunement.

You will learn go on to learn how to perform and will gain practical experience in giving First, Second and Master Degree Attunement Ceremonies.

You will also be advised on lesson planning and structure, suggested teaching aims and objectives for each Reiki Degree and ways to teach to an adult student group. We will discuss the importance of continued learning and updating of professional considerations for your own Reiki Practice and for the guidance of students.

This can be a one day, in person course, but if you feel it would be more beneficial, I can arrange to spread the course over 2 days to allow for more practical experience and direct teaching support.

I also offer a period of mentorship and support if either you or I feel that it would be beneficial to you, guided by your own confidence and circumstances, where you can observe and ultimately participate in the teaching of the various degrees as your confidence grows. You will be issued with a certificate at the end of your day. Payment for this course can be by instalments, with certification once final and full payment has been received. This may be especially suitable when undertaking mentorship, has obvious benefits and is undertaken in an environment of mutual trust and respect.

## Usui Reiki Master Teacher Degree

In some circumstances it may be possible to combine Levels 3 and 4, the Reiki Master and Teacher Degrees. Reiki is a personal journey and for some, it may be more appropriate to learn these two stages together.

The course content is pretty much the same as when taken individually and will be tailored to your personal teaching needs. Please contact me for more details.

Payment for this course can be by instalments, with certification once final and full payment has been received. This may be especially suitable when undertaking mentorship, has obvious benefits, and is undertaken in an environment of mutual trust and respect.



## Reiki Systems



## Angel Reiki

Angel Reiki can be learned as a stand alone system which will require no previous experience of or attunement to Usui Reiki and will require three separate attunements.

It can also be learned as an adjunct to regular Usui Reiki with existing Reiki Masters requiring only one attunement to Master Degree.

This Angel Reiki attunement combines the healing qualities Reiki with that of four primary Archangels - Archangel Raphael, Archangel Gabriel, Archangel Michael and Archangel Uriel. You may also call in other angels as you wish. The Archangels are incorporated into the Reiki attunement and then they are called on and requested to assist in the healing.

The Angel Reiki system is a way to connect to the loving healing power of the Archangels and with the Reiki source energy. You can use the traditional hand positions or you can ask the angels to guide your hands to the appropriate positions.

Once you are attuned to Angel Reiki, you will be able to heal yourself and others using this system. You will also be able to pass this attunement on to others once you have received your Master attunement.

This package includes:

- One Attunement to Master Level or Three separate attunements
- A Manual
- A Printed Certificate.

## Coming soon....Angel Reiki for Children

*The Angel Reiki for Children attunement can be received by adults, who may then attune children to heavenly vibrations at a very specific vibration that corresponds to the energy vibrations of a child's light being. In Angel Reiki for Children, You can also give children a semi-precious stone that is infused with your praying or dress a child in a particular colour, which emanates the vibrations that are most appropriate for tackling a specific problem.*

*This package includes:*

- *One Attunement*
- *A Manual*
- *A Printed Certificate*

## Archangelic Seichim Reiki

### Prerequisites - Seichim or Usui Reiki Master

This system works with the energies of both seichim and the Archangels.

It is easy to use, just call in the energies of Archangelic Seichim Reiki and the healing will start

When the attunement begins we will work with Archangel Shekinah, the angel of unity and unconditional love and Archangel Metatron who is the angel of thought and responsible for supervising the Akashic Records. They will both help to balance both the energies for the client.

This is a Master/Teacher attunement and you are taught in the manual how to pass the attunement onto others.

This package includes:

- One Attunement to Master Level
- A Manual
- A Printed certificate

## Celtic Reiki

Celtic Reiki is a beautiful style of Reiki discovered by Martyn Pentecost, a Reiki Master/Teacher based in Croyden, England, which uses vibrations from the Earth and certain types of trees & plants to create energies ideal for both healing and manifestation. Although similar to Usui Reiki, this is an Earth energy and so it is channelled upwards through the lower chakras rather than through the crown chakra as in Usui Reiki.

Celtic Reiki uses various symbols which are very straightforward and based on the ancient Druid alphabet. You also learn some Celtic philosophy and tradition along with some new techniques which are based on Celtic rituals. It can be used to treat many health issues as well as helping you and your clients to attain desires and goals.

There are three levels of Celtic Reiki and you must start by being attuned to Celtic Level 1 even if you are an experienced Usui Reiki Practitioner or Master. There are six symbols to learn with each level. Master level gives you the opportunity to teach and pass on this energy to others.

It is advised that a period of adjustment, integration of energies and learning of techniques and materials takes place between each attunement level. At least a week is advised but you may feel that a longer period of adjustment and learning are appropriate.

This Attunement package includes:

- 3 attunements
- 3 separate manuals
- 3 Printed certificates

## Crystal Reiki

Prerequisite Reiki Master can be received as part of the 'Ethereal Crystals Reiki Healing Package'

Crystal Reiki Attunements are for Reiki Masters who are ready to progress to the next stage of their ascension and who are ready to accept the challenges of their next spiritual journey. Attunement to the higher vibrational frequencies of a Crystal Reiki Master will amplify all your psychic faculties and healing energies.

You will enter into the Oneness of All-That-Is; the font of all wisdom, knowledge and understanding. And through accessing your deepest cellular memories you will once again resonate with the sacred Word, the energies of which will transport you into a new dimension of space and time.

*PLEASE NOTE: To receive this attunement you will need 6 single or double terminated clear quartz points but if you have been attuned to the ethereal Crystals system you can use the Etheric qualities instead of the natural crystals.*

This package includes:

- One Attunement to Master Level or Three separate attunements
- A Manual
- A Printed Certificate.

## Dolphin Trilogy Reiki

Dolphin Trilogy Reiki was founded by Shanti Johnson it builds upon the energies and principles of Dolphin Reiki to give you 3 levels of healing. These are: -

### Dolphin Healing Reiki :

This is the 1st level of Dolphin Trilogy Reiki and this level teaches you to use the Dolphin Reiki breathing and to connect you with the energy of the dolphins. If practiced regularly, this breathing technique will enable you to circulate life energy through your physical and energy body. It will help you to unblock energy pathways and rid you of negative patterns.

### Orca Empowerment Reiki

This is the 2<sup>nd</sup> level of Dolphin Trilogy Reiki. This level encourages you to release memories and improves communication, thus enabling us to heal.

### Dolphin Crystal Reiki

The third level of the Dolphin Trilogy Reiki sees the amazing energy of the dolphins comes together with powerful crystal energy, to form a complete healing system healing system that can heal on many levels.

This system is particularly recommended to help addictions, depression, and feelings of being incomplete. It can help you to release past traumas from the soul and help you to find your way.

- You will receive 3 attunements...one for each level.
- A manual by email
- A printed certificate posted to you.

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## Elemental Reiki

Elemental Reiki is one of my favourites and was developed by Rebecca Doolin. It uses 8 symbols derived from Goddess, Elemental, and Pagan symbology.

This is a very unique but easy to understand style of Reiki and combines healing energies as well as connecting you with the elements.

This course will show you the various frequencies of the energy symbols and guide you in techniques that you can use to improve and enrich your life.

Usui Masters only need to receive one attunement, others will have to reach Master level or receive 2 attunements in Elemental Reiki. If you need 2 attunements, they will be given separately.

Here's what you will receive:-

- Either 1 or 2 attunements depending on your present level
- A Manual
- A Printed Certificate.

## Imara Reiki

### Pre-requisite Reiki Master

Imara Reiki is a powerful system of Reiki developed by Barton & Geoffrey Wendel, it is of a higher vibration energy level than most common Reiki systems. The name "Imara" simply put means "more" .

Reiki can be split up into vibration (frequency) bands. Imara Reiki is a "Level 5" on the "Reiki scale". To simplify things.....Traditional Usui Reiki is level 1-3 (First, second and Master levels and Karuna Reiki is considered Level 4. Imara Reiki is Level 5...

This is a very intense form of Reiki energy and is therefore only available to Reiki Masters. You will notice the energy has a slightly different feel about it yet it is very simple to use:-

- You do not need symbols
- Attunements are very simple
- Distance healing methods are also very simple BUT strong.

Many users will experience a Strong Spiritual Connection and it can also help to heal past life and trauma issues. Once you are attuned to Imara Reiki, it is extremely simple to use the energy, especially compared to Usui or Karuna. Until now, Imara Reiki has not been very widely used.

This package includes:

- One Attunement to Imara Master Level
- A Manual
- A Printed Certificate.

## Karmic Reiki

### Prerequisite Reiki Level 2 +

Karmic Reiki is the Reiki version of regression therapy!

Created by Martyn Pentecost, Karmic Reiki is a great style of Reiki which is used in a different way to help deal with the various issues that arise from negative karmic events.

It is a style of Reiki that uses incredibly powerful frequencies of energy to deal with Karmic issues and to help the client to connect with their guides for complete karmic healing.

There are 5 Karmic Reiki symbols: 2 are used as other Reiki symbols to help ease the effects of 'anonymous' karma and 3 others which provide extremely powerful frequencies of energy which can bring about truly amazing results, even revealing in great detail events from people's past lives.

This package includes:

- Two Attunements
- A Manual
- A Printed Certificate.

## Karuna Ki Reiki

### Prerequisite Reiki Master

Karuna Ki which was created by Vincent Amador is an ideal compliment to Usui Reiki. It is only available to Reiki Masters and has been developed from, but is in no way affiliated with Karuna Reiki, although some of the symbols are the same.

Karuna Ki means "Compassionate Energy" and is all about healing and spreading the love & compassion to everyone.

Karuna Ki offers a way to connect to this compassion and share it with all creation. There are several aspects of Karuna Ki which include Healing, Meditation (Karuna Ki Do), and Chanting (or Toning).

Karuna Ki also uses the practice of chanting or "toning". The simplest of these practices is chanting the name of the symbol as you use it during meditation or healing. It is thought that the power and energy of the symbol passes with the breath into the client, intensifying the effect of the healing.

Another part of the Karuna Ki experience is to practice the energy consistently so that the true nature of the loving compassionate heart of Karuna develops. The practice of connecting to your spiritual guides who are connected with the Karuna Ki Do is also a path you may explore.

The guides we connect to most likely will be directly related to our personal beliefs. People who are Christian are likely to see Jesus, Mary, or angels.

People with more new age beliefs might see ascended masters or St. Germaine. You may experience Spiritual guides such as these, or none at all. Both are acceptable and "right" for you.

You will receive:

- 1 Distance Attunement to Master/Teacher Level
- Karuna Ki Manual by email
- Printed Certificate by post.

## Kundalini Reiki Levels I-III

### Prerequisite Reiki Level 2 +

Kundalini is an amazing healing technique that is simple to use. You will receive 3 distant attunements which open and strengthen then energy channels in your body. This enables Reiki energy to flow through your body and release any energy blockages. Kundalini awakening starts at the Base Chakra which is the entrance for the Kundalini Energy. After entering the body the energy runs up through the main energy channel and exits through the Crown Chakra.

When your Kundalini is opened a complete cleansing of the chakras and energy channels will occur over a period of time. Kundalini Reiki is similar to the traditional systems of Reiki, but once your Kundalini has been awakened in this safe manner your Reiki Healing abilities will be much improved.

If people have previously had problems with a Kundalini Awakening, a Kundalini Reiki treatment can often help. When you have your Kundalini awakened through Kundalini Reiki your Chakras are opened from the base to the Crown so Kundalini energy is released through the Crown chakra and there can be no build up of energy.

## Kundalini Reiki Boosters Levels I-VI

### Prerequisite Kundalini Reiki Master Level

The 3 Levels in Kundalini Reiki boosters are to increase the flow of Kundalini energy that you not only channel but also run through your body when activating and raising your Kundalini energy

## Silver Violet Flame

The Silver Violet Flame is a high frequency spiritual energy, which is for those who hear the call of community or spiritual service to mankind, and it also provides the wisdom needed to overcome the selfishness in our lives.

As well as expelling toxins lodged in our physical organs, the Silver Violet Flame can also transmute the karmas and traumas of our present and past lives, which are recorded in our etheric, mental, emotional and physical bodies. Sometimes our personal karma feels like a heavy weight, but by invoking the Violet Flame we will feel lighter and less burdened since it literally consumes the cause of our personal problems. .

Silver Violet Flame energies are highly transformational and can be used on both yourself and others. You can call upon the angels/guides of the Silver Violet Flame and also on St. Germain before going to sleep at night, asking them to work on whatever issue requires healing. By the morning, the issue is typically released, although for deeper problems you can repeat the procedure for up to 30 consecutive nights. People who have directed the Silver Violet Flame into relationship problems report sensing a tremendous burden being lifted and feeling free to move on with their lives again.

The Silver Violet Flame can also be used to cleanse and purify the aura and major chakras by invoking it on a daily basis.

This package includes:

- One Attunement to Master level of Silver Violet
- A Manual
- A Printed Certificate.

## Spirit Reiki

### Prerequisite - Reiki Master

Linda Horton received four symbols and was told by her guides to pass them on in the form of Spirit Reiki. Spirit Reiki also uses two of the symbols used in Usui Reiki and therefore this attunement is only available to Reiki Masters.

The Symbols will help you reach your spirit's highest goal; help people with pain in their soul and their physical body; Protection; increase prosperity in all areas of your life; clear up confusion.

What you will receive:

- A one level attunement to Master Level.
- A Manual
- A Printed Certificate.

## Tibetan Reiki

### Prerequisite - Reiki Master

Tibetan Reiki helps to bring our energies into balance and harmony. The spiritual information of the symbols is similar to that found in many Eastern philosophies but it is difficult to prove or disprove that Tibetan Reiki began in Tibet as the symbols do not come from the Tibetan Sanskrit language.

Whatever its origin, Tibetan Reiki is an energy system that helps in the healing process that is needed by so many people today. Included are symbols that help to:

- Energise and revitalise the chakras,
- Cleanse and open the third eye,
- Balance and calm chaotic energy
- Increase intuition
- Strengthen the light body and invoke beneficial spiritual entities.

You will also find included the Tree of Life Meditation, Usui Master Mantra, Archangel Michael's Sword Technique, You will find out about distant healing and learn how to perform attunements in different ways.

You will receive:-

- Manual by email
- 1 Distant Attunement
- Printed certificate by mail

## Templar Degree Reiki

The Templar Degree is the symbol of Oneness and the manifestation of Christ Consciousness into our world. The symbol was received in July, 1998 by Reiki Master/Teacher Darla Traylor through a transmission from the Ascended Master Sananda and Archangels Metatron and Melchizedek.

This beautiful attunement is generally considered to be one of the most positive experiences we will encounter on our Reiki path. You must be an Usui Reiki Master to receive the Templar Degree attunement.

The manual consists of a great deal of Biblically referenced text along with an introduction from Darla Traylor and the symbol itself. The Usui Reiki Symbols given in the manual vary from those I have received myself, which have been adopted by the Reiki Healers and Teachers Society and so I have included the symbols as I use them, for your information. As Reiki Masters you will be familiar with your own lineage representations of these symbols, whose intention and meaning is not lost simply because they have been drawn differently.

You will receive:-

- Manual by email
- Distant Attunement
- Printed certificate

## White Dove Reiki

### Prerequisite Reiki Master

White Dove Reiki was given to the Rev. Richard D.Kidd during a meditation, it was a peaceful and enlightening happening and this is the way White Dove attunements are usually received.

White Dove Reiki uses the concept of visualising the energy being carried on the Dove's wings, delivered to and absorbed by the recipient. In this way all the reiki energies can be concentrated directly into the Dove. The White Dove represents the purity of energy which gives you the ability to have the purity and freshness of the White Dove to assist you with your healing and attunement processes.

White Dove can be incorporated with all other Reiki modalities as it provides a focal point for you to direct your energy.

This package includes:

- One Attunement to White Dove Reiki.
- A Manual
- A Printed Certificate.

# Angel Attunements



## The Colours of Angels Attunement

The Colours of Angels energy system offers 7 connections with 7 Archangels and their specific rays. These 7 connections are offered in one distance attunement that will connect you to each Archangel. You will then be able to call upon any or all of these archangels, whenever you wish. Angels never leave or ignore you and will listen to you whatever the time of day or night. The seven archangels and rays are as follows:

Archangel Michael who serves in the first ray, which is the Blue Ray and the Ray of Protection and Power.

Archangel Jophiel who serves on the Second or Yellow Ray, which is the Ray of Illumination and Wisdom.

Archangel Chamuel who serves on the Third or Pink Ray, which is the Ray of Love.

Archangel Gabriel who serves on the Fourth or White Ray, which is the Ray of Harmony and Purity.

Archangel Raphael who serves on the Fifth Ray or Green Ray which is the Ray of Healing.

Archangel Uriel who serves on the Sixth Ray or Gold Ray, which is the Ray of Peace.

Archangel Zadkiel who serves on the Seventh Ray or Violet Ray, which is the Ray of Freedom.

Please Note: Each connection is received one after the other in one distance initiation, which will permanently connect you to each Archangel and Ray.

This package includes:

- One Attunement where you will receive the permanent connections to each Archangel & Ray
- A Manual
- A Printed Certificate.

## The Sapphires of Angels Attunements (7 Attunements)

The founder of Sapphires of Angels, Stephen Lovering, has said the following: "Following on from my work with Colours of Angels I was shown Sapphires on many occasions. I have always associated a Sapphire with the colour blue so connected this with Archangel Michael. I was then shown Sapphires in many other colours and during a channelling session was given the connections with the other Archangels." The Seven Sapphire Connections are as follows:

Archangel Michael's Blue Sapphire – spiritual truth and protection.

Archangel Jophiel's Yellow Sapphire – spiritual abundance.

Archangel Chamuel's Pink Sapphire – love and emotions.

Archangel Gabriel's White Sapphire – higher spiritual consciousness.

Archangel Raphael's Green Sapphire – vision and compassion.

Archangel Zadkiel's Purple Sapphire – awakening and calming.

Archangel Uriel's Star Sapphire – intuition.

This package includes:

- Seven Individual or One complete Attunement where you will receive the permanent connection to each Archangels Sapphire
- Seven manuals, 1 for each sapphire.
- A Printed Certificate.

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## Archangel Michael Attunement

By receiving this distant attunement you will be able to strengthen the connection to Archangel Michael and be able to call on him for his strength and protection.

Archangel Michael can help you fulfil your divine life purpose and this attunement is especially recommended for Lightworkers who may feel a bit isolated at times. It will show you that no matter how lonely you may have felt that you have never been alone...

This attunement is also ideal if you have major life changes to make as Archangel Michael can help to smooth your path and keep you safe as he guides you.

This package includes:

- A single and very beautiful attunement and it comes with:
- A brief manual
- A Printed Certificate.

## Light of Archangels Empowerment

Channelled by Linda C. Colibert, the Light of Archangels Empowerment strengthens your connection to Archangels Uriel, Raphael, Michael, and Gabriel and accelerates your spiritual growth.

By receiving this attunement, your bond with them will be strengthened and communications become easier. They always hear your prayers to them, but because they have never been human, they sometimes find it difficult to communicate with humanity in ways people can understand. People often do not hear, acknowledge, or comprehend the messages. This attunement assists you to recognize and understand the Archangels messages and communications with you.

Through working with this system you will learn How to work with the Archangels for protection, clearing and removing negativity—including clearing of negative spirits and entities that might be around you or a building.

You will also learn how to call upon the Archangels for help with abundance and prosperity matters, healing, help with relationships, solving problems, and much more.

This package includes:

- very beautiful attunement
- A manual
- A Printed Certificate

## Angel Light Initiation

If you have a desire to walk with your angels then this is for you. Angels have never existed on the earth plane as they are of a higher vibrational consciousness. They bare gifts of pure love & light.

Included is a preparation exercise, a simple Invocation method and 4 initiations which are sent to you as one attunement. The initiations are as below.

The Third Eye Initiation - Although there are different variations of Third Eye Initiations which have been passed down in various beliefs such as Wiccan, Buddhism, Tibetan teachings, we will use the mandala which originated in Eastern religions. It is circular and represents the Universe and wholeness. The mandala has been used by many to align themselves to the Angels.

Upper Astral Crown Initiation - helping you to open up a clear channel to the Angels to help you to accept messages and healing directly.

The Heart Initiation - helps to open the heart chakra, which is important when working with any type of healing energy. This Initiation plants a seed but it is up to you to work with and develop the energy through meditation and practice.

Angel Initiation - These Initiations aim to connect you directly a spiritual presence or a new guide or angel guide. It is the final attunement in the set and the most important. You are open and you are ready. This initiation is for channelling healing, receiving guidance and forming a connection to celestial beings. It is usual to feel waves of pure love and energy washing over you as the Angels make themselves known.

Please note that Angel Light Initiation is not connected with the Lightarian Institute AngelLinks TM

This package includes:

- One Attunement which incorporates all 4 Initiations.
- A Manual
- A Printed Certificate.

# Energy Healing Systems



## Amara Spiritual Empowerment

Amara is an energy-consciousness of individual empowerment and self-discovery. Even though Amara can bring forth healing on all levels and dimensions, the actual intent is not to heal but to become aware of our subconscious currents.

These deep "inner waters" hold the key to the mystery of our being.

Amara has connections to many different realms of consciousness. It can be said that Amara is actually a unified group consciousness composed of several unique aspects of the divine. The cetaceans (whales, dolphins and porpoises), the ancient civilization of Lemuria, the Lemurian goddess Amara, the Rainbow Serpent and Dragons, among others, are the most prominent connections.

This package includes:

- A distance Amara session, both, before and after your initiation.
- One Amara Initiation
- A Manual
- A printed certificate

## Atlantis Healing System

The Atlantis Healing System is:

The way of learning to be again a pure, innocent child by the help of the divine power, harmony and light; The way of rediscovering the beauty and the truth in ourselves; The way of getting better that we are; The harmony's way between inner and outer thought and word, God and man; The way man can rediscover his own spirit, his own divine essence; Returning to God, returning to faith; The way we unite with the Universe; Rediscovering the Divine in us; This is a first step of the energetic therapies used by the ancient Atlantean Masters; This first system was known, learned and used by the entire population.

Practically AHS is a way of:

ENERGETIC DIAGNOSIS – for human being, animals, plants.

ENERGETIC TESTING – for water, food, medicine, plants, vitamins, homeopath remedies, Bach floral therapy, as well as establishing the daily dose, the administration period (how many times daily, how long-days, weeks or a certain period of time) and the administration methods (oral, parenteral).

ENERGETIC TREATMENT – using hands and/or symbols

Use the Atlantis Healing System for 3- 5 minutes to diagnose and for 7-15 minutes to deliver healing. As with all holistic therapies and energy healing systems it is not meant to replace medical diagnosis, but it may help to better understand the levels of disease (matters, energetically, psychical, souls, spiritual) and the real cause.

## Atlantis Healing System Level One:

The history of the system; What is Atlantis Healing System; Atlantis Healing System definition; The Atlantis Healing System specificity; The human and divine representation in Atlantis Healing System; The 5 human energetically levels; The 5 causal levels of the disease; About Divine level (what is it, how we can test it, what information we can find after we test this level); About human levels (what is it, how we can test, what information we can find after we test this level); Codes used in Atlantis Healing System; Diagnosis principle in Atlantis Healing System; The patient and therapist positions during the Atlantis testing; Test made in Atlantis Healing System First Degree; Establishing the unique cause; Time for diagnosis and treatment; Reading the results of the testing; Two symbols and how to use them (one for connection with the Atlantis energy and this will be use only by practitioner and second for diagnosis and treatment of the patients); Diagnosis and treatment Algorithm used in Atlantis Healing System First Degree; Using hands and symbols in treatment After this level you will be able to know if a treatment works or not for a patient, or to discover karmic disease.

## Atlantis Healing System Level 2 + Master Level

4 symbols and their use (empower, awareness, cleanse and harmonizing the auras, harmonizing objects, plants, animal); Testing of the medicine, vitamins, oligoelements, homeopath remedies; Testing and establishing the dosage, the rhythm and the period of administration of a substance; Testing and treatments for animals; Testing and treatments for plants; Karmic treatment; Treatment of the persons that present different entities on their spiritual body; Diagnosis and treatment algorithm in first and second degrees of Atlantis Healing System; The Atlantis pyramid; The colour code and mental used in Atlantis Healing System; Diagnosis in Mastership Atlantis Healing System; The Quartz Crystal work technique; Mental programming; The Crystal technique used for energetic or organic structural modifications; 8 Atlantis Master symbols and their use; Personal technique of mental programming, sending the energy and realizing a goal from the future; Diagnosis and treatment for a nearby person; Distance diagnosis and treatment for one or more persons; Five name that trigger huge energy; Body check and Kinesiology; Exercises to make in Mastership Atlantis Healing System; The Atlantis alphabet; The signification of the symbols used in Mastership Atlantis Healing System; Learning and performing the Atlantis Healing System Attunements

This package includes:

- 1 comprehensive Manual;
- 2 distance attunements;
- A printed certificate.

## Atlantian & Gaia Trilogy

### The Atlantian Crystal Activation

The Atlantian Crystal Activation is the first in a trilogy of attunements channelled by Jay Burrell to reconnect us to the energies of Atlantis, The Great Crystal of Atlantis and Mother Earth (Gaia). This system helps with spiritual and personal progression that will aid you on your spiritual journey, towards Mankind's ultimate ascension. During your attunement you will receive an Etheric Atlantian Crystal that will be placed into your 7th Chakra (Crown Chakra)

### The Crystal Skull Activation

#### Prerequisite - The Atlantian Crystal Activation

The Crystal Skull Activation is the second in the trilogy of attunements channelled by Jay Burrell to reconnect us to the energies of Atlantis and Gaia. The Crystal Skulls were solid, physical objects during the times of the Atlanteans, but after the fall of Atlantis they were taken to a different dimension to ours. Some of the skulls have re-materialised, which shows us that the time has come to reawaken to the knowledge contained within the skulls. This is why, during your attunement to this system, an Etheric Crystal Skull will be placed into your 8th Chakra (Transpersonal Point or SoulStar Chakra).

### The Elemental Earth Star Empowerment

#### Prerequisite - The Atlantian Crystal & The Crystal Skull Activations

The Elemental Earth Star is the final attunement in the trilogy of Atlantian and Gaia attunements. During your Atlantian Crystal and Crystal Skull attunements your 7th and 8th chakras were activated and cleared. Now it is time to reconnect back to Mother Earth through the Earth Star Chakra. Through this attunement, you will be grounded into this plane of existence to work with and work on healing mother earth and all her inhabitants. You will also feel a closer connection to Gaia after this attunement.

Together the three attunements above make up the Atlantian & Gaia Trilogy. You will receive:

- 3 attunements
- 3 separate manuals and 1 combined manual
- 3 Printed certificates

## Ethereal Crystals 1-9

Once you have received your Ethereal Crystals attunements you will be able to give a powerful crystal healing WITHOUT crystals - you can channel any one of them by intention.

Ethereal crystals energies can be stronger than those found in earth. You can place them on the body, just by pointing at a certain area of the body, and by thinking the stones name. The stone will disappear when the energy is no longer needed.

Ethereal Crystal healing can be used on its own or combined with other healing methods, such as Traditional Reiki. You will also learn how to use distance healing and how to pass on Ethereal Crystals 1-9

You receive 3 attunements:-

- Ethereal Crystals 1-2-3
- Ethereal Crystals 4-5-6
- Ethereal Crystals 7-8-9

Once you have received all 3 attunements you will be able to use the following crystals:-

AGATE, BLUE LACE; AGATE, BOTSWANA; ALEXANDRITE; AMAZONITE; AMBER; AMETHYST; APACHE TEARS; APOPHYLITE; AQUAMARINE; AVENTURINE; AZURITE; BERYL, PINK (also known as Morganite); BLOODSTONE; BOJI STONES; CALCITE, GOLD; CALCITE, GREEN; CARNELIAN; CHALCEDONY; CHAROIT; CITRINE; CYANITE; DIAMOND; EMERALD; FLUORITE; GARNET, RED; HELIOTROPE; HEMATITE; JADE; JASPER, RED; KUNZITE; LABRADORITE; LAPIS LAZULI; LARIMAR (ATLANTIS STONE); MALACHITE; MOLDAVITE; MOONSTONE; MOQUI MARBLES; OBSIDIAN, SNOWFLAKE; OPAL, FIRE; PERIDOT; PRASEM (AFRICAN JADE); PYRITE; PYRITSUN; QUARTZ, CLEAR (Also single and double terminated quartz); QUARTZ, ROSE; RHODOCHROSITE; RUBY; RUBY - ZOISITE; SAPPHIRE, BLUE; SAPPHIRE, YELLOW; SODALITE; SUGILITH; TANSANITE; TEKTITE; TOURMALINE, BLACK; TOURMALINE, PINK; TOURMALINE, VIOLET; TURQUOISE

You will also receive:

- A Manual
- A Printed Certificate

\* This attunement can be received as part of the 'Ethereal Crystals Reiki Healing Package'

## Ethereal Crystals 10-11-12

### Prerequisite – Ethereal Crystals 1-9 & Kundalini Reiki Levels 1-3

Following on from the incredible energies of the Ethereal Crystals Levels 1-9 Victor Glanckopf has channelled a new series of attunement's called Ethereal Crystals 10 – 12.

This attunement will enable you to again use the etheric qualities of crystals just by INTENTION but with this attunement you will be attuned to much higher vibrational energy crystals to use during healings on yourself or clients and to also charge and empower oils, water and many other items.

Once you have received this attunement you will be able to use the following crystals:-

CAVANSITE, CELESTITE, BLUE DIAMOND, EUCLASE, FAIRY QUARTZ, FOSSILS, GIRASOL, PAPAGOITE, PETRIFIED DINOSAUR BONE, SILVER, TIBETAN –BLACK QUARTZ, VERDITE, WITCHES FINGER, ZEBRA STONES.

You will also receive:

- A Manual
- A Printed Certificate

\* This attunement can be received as part of the 'Ethereal Crystals Reiki Healing Package'

## Ethereal Crystals Reiki Healing Package

### Prerequisite Reiki Master

Combining Ethereal Crystals 1-9, Ethereal Crystals 10-12 and Crystal Reiki in an impressive and powerful Crystal Healing System, you will also receive a beautiful and deeply healing Celtic Reiki guided meditation CD with healing journeys written by Bev Lewis and music arrangements and production by Llewellyn and Chris Conway.

You receive 5 attunements:-

- Ethereal Crystals 1-2-3
- Ethereal Crystals 4-5-6
- Ethereal Crystals 7-8-9
- Ethereal Crystals 10-11-12
- Single attunement to Crystal Reiki

*PLEASE NOTE: To receive the last attunement you will need 6 single or double terminated clear quartz points but if you have been attuned to the ethereal Crystals system you can use the Etheric qualities instead of the natural crystals BUT nothing can compete with using the natural ones which can be purchased easily online, via eBay or in crystal shops.*

## Full Spectrum Healing Distance Attunement

### Prerequisite Reiki First Degree

The Full Spectrum Healing attunement connects you to all frequencies of healing so is able to work on many levels...

If you have used Reiki with someone and have felt as though it failed to heal them then this may be a good system to try as Reiki works with the green spectre only, whereas full spectrum healing works with all of the spectres.

The easiest way for me to explain this is if you imagine a rainbow and the green arch is Reiki.....Full spectrum healing is the whole rainbow!

You will learn:-

- A method to clear your past.
- How to make your healings more powerful.
- How to use distance healing.
- You will receive 3 attunements and learn how to pass them on..

You may also notice a big difference in self healing too.

This package Includes:

- 3 Full Spectrum Healing Attunements
- Information Sheet
- Printed Certificate

## Golden Triangle Healing System

The Golden Triangle Healing System was founded by James Purner and is indeed a very spiritual system that works more at a soul level than a physical level.

Once attuned you can activate the energies to heal yourself or others. It can be used alone or in combination with other Reiki systems and is ideal for distance work. When used in combination with other systems it will increase the healing ability by 100% because the Golden Triangle energies work at such a high frequency.

Many people report that they have an increased amount of activity within their third eye so this system is highly recommended for those who wish to aid their spiritual connections. Telepathic skills are also greatly enhanced with regular use of The Golden Triangle system.

This attunement is available to anyone; you do not need to have any experience of Reiki to receive this attunement.

This package includes:

- One Attunement to Master Level
- Manual
- A Printed Certificate.

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## Lemurian Energy Healing System

### Lemurian Facilitator

Assists in developing latent gifts of spiritual and psychic powers and will also aid you in reconnecting with the ancient Lemurian priests.

### Lemurian Seed Crystals Level I & II

#### Prerequisite - Lemurian Facilitator

The Lemurian Seed Crystal Attunements were channeled by Carola Hundt and Angela Grottsch during their own Lemurian Facilitator Attunements. They were both given 13 symbols between them that were to be used in meditation and healing to help the development of the light body and for unifying the soul. The Lemurian Seed Crystals are said to have been left by an advanced ancient civilization known as the Lemurians. They were imbued with a message of equality and unconditional love. Unlike mentally based modern societies, Lemuria is said to have been a civilization whose consciousness was centered upon spiritual and emotional dimensions.

### Lemurian Seed Crystals Level III

#### Prerequisite - Lemurian Facilitator & Lemurian Seed Crystals I+II

You will receive more symbols/Seed crystals during this attunement: 1. The Seed Crystal for Cure. 2. The Lemurian Gold Ball. 3. The Rainbow Fluorite

### Lemurian Seed Crystals Level IV

#### Prerequisite - Lemurian Facilitator & Lemurian Seed Crystals I-III

You will again receive more symbols/Seed crystals during this attunement. These symbols are 5th Dimensional. 1. The Gate Stone 2. Tetrahedron 3. Golden triangle 4. Soul Mirror 5. Cosmic Band 6. The Golden Merkabah 7. Creator Strength

### New Lemurian Energies

#### Prerequisites – Lemurian Facilitator & Lemurian Seed Crystals Levels I-IV

The New Lemurian Energy is a mixture of old and new Lemurian energies as described above, greatly benefiting anyone who has received the Lemurian Facilitator and Seed Crystals 1-4

## One Spirit Healing System

One Spirit is an Energy System especially beneficial to anyone interested in Animal Healing, Shamanism, Totem Animals and Native American Tribal Culture. Diane Bellefeuille is a 4th Generation Native American who has always had a strong connection to her heritage and the animal kingdom.

One Spirit is a very powerful energy based Shamanic Healing System that uses your heart, unconditional love, and symbols. One Spirit takes you inside yourself, so that you can look deeper, beneath the surface and see your true self. Within all of us there are Animal Totems that protect the chakras. There are animals with their own special abilities that guard each chakra – each chakra also has its own special animal guardian. This system is similar to Reiki, in that both Reiki and One Spirit teaches how to heal yourself and others, how to send energy distantly and remotely, both Reiki and One Spirit work to heal body, mind, and spirit. One Spirit also teaches you how to love and forgive yourself unconditionally and without judgment.

The main difference between Reiki and One Spirit is that One Spirit connects you to your animal guardians/animal totems and animal spirit guides. It works more with animals and Nature. You will learn how to meet your animal guides and get to know them, how to help heal each other, and how to work together toward specific goals, including healing yourself, others, animals, and Mother Earth. We are all connected. We all have One Mind, One Body, One Heart, and One Spirit. **\*\*\*WE ARE ALL ONE\*\*\***

**Contents of Manual** ~ One Spirit Shamanism Healing System ~ Introduction ~ A Little about Chakras ~ Human Chakras ~ Animal Guides and Totem Animals ~ Grounding Meditation ~ Animal Spirit Meditation ~ Chakra Guardian Meditation ~ Power Animal Horoscope ~ Colour and Tone Cleansing the Chakras ~ Meet the Animal of your Inner Self ~ Symbol – Heart to Heart ~ Symbol – Power of Source ~ Symbol – One Spirit ~ Where to apply Symbols ~ Attunements ~ How to Pass on Attunements ~ Hands on Attunements ~ Passing on Attunements (Keyboard) ~ Walk in Beauty ~ Panther, a Cat Left Behind ~ Animal Advisors ~ Power Animal Journey ~ Rock Tree Wisdom ~ Unicorn ~ Web Sites for Animal Guide information

You will receive:

- One attunement
- A Comprehensive Manual
- A Printed Certificate

## Orb of Life

The Orb of Life is not an attunement or a physical object – it is a gift of high frequency spiritual energy that is concentrated into a energy sphere and may passed from one person to another; a wonderful and simple way of using and sharing Universal Life Force energy that can enhance your life and spiritual development.

The Orb is composed of Universal Life Force energy (also called Prana, The Source, Odic Energy, Chi, Ki and Universal Light) which is inherent in all of creation. It acts as a perpetual 'antenna' for high vibration Life Force energy and will permanently maintain itself and continuously provide its healing and protective effect with no further intervention from you. However, you may wish to use the Orb to help you with various things and can do this simply by instructing it with your requirements and wishes - there are no complicated rituals, techniques or prayers that need to be observed in working with this wonderful energy.

You will receive:

- One attunement
- Three manuals
- A printed certificate

## Sacred Breath Healing System

Sacred Breath is the name of an exquisite healing system that was created by the Rev. Wanda S. Ruffner and is primarily a self healing system but can be used to heal others. It combines many different therapies and comes with a huge 76 page manual which includes:

Introduction & History the Breath  
 Breath of the East Wind and the Elemental Breath of Air  
 Breath of the West and the Elemental Breath of Water  
 Breath of the South and the Elemental Breath of Fire  
 Breath of the North and the Elemental Breath of Earth  
 Breath of the Rainbow Breathing in the Moon  
 Breathing in the Sun  
 Crystal Clearing Breath  
 Dolphin Breath/Meditation  
 Healing With Sound  
 Hand Positions  
 Additional Information/Aides  
 Bach Flower Remedies  
 Healing With Essential Oils/Herbs  
 Gifts of the Stone Lodge People  
 Chakras  
 Ethereal Crystals/Stones  
 Animal Medicine/Totems  
 Working With Colours  
 Feather Healing/ The Winged Ones  
 Cardinal Directions  
 Smudging Ceremony  
 Attunement Process

You will also receive:

- One attunement to Master Level
- A Printed Certificate.

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## Unicorn Energy Healing System

The Unicorn Energy Healing System was channelled by Jay Burrell and Heidi Gebhard Burger who were both told independently of each other by the Unicorns that it is now time for their energies to be made available to mankind to help them on their Spiritual Journey and to also assist them in any Healing Work that they do.

They were both given a symbol that is to be used in this Attunement that has been named the Etheric Unicorn Horn. This Etheric Unicorn Horn which will be placed into your 3rd Eye Chakra.

You will also be required to meditate using the Guided Meditation in the Manual to meet your very own Unicorn Guide who will always be with you.

This must be done before you receive the Attunement.

The Unicorn Energy Healing System will introduce you to the secret and unique energies of the Mystical Unicorns. The unicorn represents all the good and pure characteristics many people wish to have.

Unicorns are truly mystical creatures; they symbolize innocence, clarity, purity, love and goodness of the heart.

The Unicorn Energy Healing System has just 1 symbol and is prerequisite free.

You will receive:

- One attunement
- A Manual
- A Printed Certificate

## Coming soon - White Light Self Empowerment Levels 1 – 4

*From the Founder's words: WhiteLight Self-Empowerment™ is a very powerful form of energy that heals, empowers, and clears your aura and all chakras including the less known or worked on Chakras. All Chakras within the body must be cleansed and balanced to bring harmony to Mind, Body and soul. The energies of this system may bring on a lot of Spiritual and Physical cleansings after each Level/Attunement.*

The 8 major chakras are:

*The Base chakra*

*The Sacral Chakra*

*The Solar Plexus*

*The Heart Chakra & The Thymus Chakra*

*The Throat Chakra*

*The 3rd Eye/Brow Chakra*

*The Crown Chakra*

*Some of our other Chakra's include:*

*The Soul Star Chakra*

*The Master Chakra*

*The Casual Body Chakra*

*The Spleen Chakra*

*The Elbow Chakra*

*The Hand/Palm Chakras*

*The Knee Chakras*

*The Foot Chakra*

*The Earth Chakra*

*There are 4 Levels in total for the WhiteLight self empowerment system with a registration that MUST be completed after each level. There MUST also be a minimum of a 3-4 day gap between each attunement. You can only pass this system on once you have been attuned and registered to Level 4 (Master Level)*

### **The 1st Degree - The Clearing:**

*Here, knowledge about aura and chakras is required (and is explained in the manual), because in the first degree, the focus of WhiteLight Self-Empowerment™ is concentrated on clarification of chakras, and aura body clarification. During the attunement you receive the first clarification. You learn a very simple meditation to clear and activate daily, your chakras and aura.*

### **The 2nd Degree -The Healing:**

*Here you learn to employ WhiteLight Self-Empowerment™ for healing sessions. Other themes are: Expanding the meditation, energy room clearing, protection and energy rising, self treatment, treatment for your clients, power places with WhiteLight Self-Empowerment™ and a special technique for harmonizing. You also receive another attunement. Integration time is 5 to 10 days.*

### **The 3rd Degree -The Expansion:**

*During your 3rd attunement your chakras are further opened and activated, and the energy is extended further, and increased. Themes are, among others, advanced meditation technique, energy spreading, distance treatments, cosmic healing depot, contact with your higher being, connecting with information sources, and more.*

***The 4th Degree -Master/Teacher:***

*During your final Master Level attunement you will be taught the attunement techniques for this system and a master/teacher attunement will also be sent and is included in the manual. In this degree, more of your chakras are opened and activated, and your energy is increased further.*

*This package includes:*

- *Four Attunements*
- *A Manual*
- *A Printed Certificate.*

## **Attunement Packages**

### **Full SOLANA Angelic Attunements Package - £55**

**\*\* Prerequisite - Usui Reiki or Seichim Reiki Master:**

*By purchasing this package you will save **£15** when compared to purchasing these attunements separately.*

Receive all the Angelic Distance Attunements listed on SOLANA, including Angel Reiki and Archangelic Seichim Reiki. This will require that you have already received Usui Reiki Master Degree or Seichim Master Degree. Alternatively, it may be possible to exclude the Archangelic Seichim Reiki and to receive the Angel Reiki in three separate attunements for First, Second and Master Degree – please contact me if you would like to discuss this further.

Or you may wish to reduce this package price to **£35** and receive all angelic attunements except Angel Reiki and Archangelic Seichim Reiki.

### **Full SOLANA Distance Reiki Modalities Attunements Package - £95**

*By purchasing this package you will save **£35** when compared to purchasing these attunements separately.*

Receive ALL 13 Reiki Modality distance attunements listed on SOLANA. You will also be able to pass on these energy modalities to your own students or other Reiki practitioners once attuned to Master level yourself.

### **Full SOLANA Distance Energy System Attunements Package - £100**

*By purchasing this package you will save **£50** when compared to purchasing these attunements separately.*

Receive ALL 10 Energy Healing System distance attunements listed on SOLANA. Once attuned you will also be able to pass on these energy healing modalities to your own students/practitioners.

### **Complete SOLANA Attunements Package - £225**

*By purchasing this package you will save **£140** when compared to purchasing these attunements separately.*

Receive ALL Reiki Modality, Angelic and Energy Healing System distance attunements listed on SOLANA. This package can be paid for in instalments with a deposit of £25 and regular payments of £25 throughout the attunement schedule.

## **Attunement Packages**

### **Ethereal Crystals Reiki Healing Package - £25**

*By purchasing this package you will save up to **£15** when compared to purchasing these attunements and CD separately.*

#### *Prerequisite Reiki Master*

Combining Ethereal Crystals 1-9, Ethereal Crystals 10-12 and Crystal Reiki in an impressive and powerful Crystal Healing System, you will also receive a beautiful and deeply healing Celtic Reiki guided meditation CD with healing journeys written by Bev Lewis and music arrangements and production by Llewellyn and Chris Conway.

### **Any 3 Distance Attunements Package - £25**

*By purchasing this package you will save up to **£20** when compared to purchasing these attunements separately.*

Choose any THREE distance attunements from any of the Reiki Modalities, Energy Healing Systems or Angelic distance attunements listed on SOLANA.

### **Any 5 Distance Attunements Package - £35**

*By purchasing this package you will save up to **£40** when compared to purchasing your attunements separately.*

Choose any FIVE distance attunements from any of the Reiki Modalities, Energy Healing Systems or Angelic distance attunements listed on SOLANA.

### **Any 7 Distance Attunements Package - £55**

*By purchasing this package you will save up to **£40** when compared to purchasing these attunements separately.*

Choose any SEVEN distance attunements from any of the Reiki Modalities, Energy Healing Systems or Angelic distance attunements listed on SOLANA.

### **Any 9 Distance Attunements Package - £75**

*By purchasing this package you will save **£60** when compared to purchasing these attunements separately.*

Choose any NINE distance attunements from any of the Reiki Modalities, Energy Healing Systems or Angelic distance attunements listed on SOLANA.