



Poolside Rules – Programmed Sessions

- Admission to school premises is restricted to the pool entrance enclosure only – no access through the gates to playground.
- Swimming Coach/Teacher to provide safety cover and lifesaver skills usually provided by a member of Heckington Community Swimming Pool Committee.
- It is highly recommended that a designated Poolside Supervisor is nominated, to ensure responsible behaviour by pool users and spectators and adherence to Admissions Policy, Poolside Rules and Emergency Action Plan protocols.
- Children 8 years and under and all non swimming children **MUST** wear approved arm bands or hold an appropriate swim award when not actively taking part in swimming lessons and **MUST** be adequately supervised at all times.
- No **DIVING** or **JUMPING** into the pool.
- No **RUNNING** within the pool enclosure.
- No rubber rings allowed unless worn with armbands.
- Long hair **MUST** be tied up- swimming hats preferable.
- Jewellery not to be worn by swimmers.
- Non toilet trained infants **MUST** wear waterproof swim nappy.
- No swimming for 2 weeks after bout of sickness and diarrhoea.

In the event of emergency two short blasts of the whistle will be sounded. Please respond calmly to any instructions given by the pool supervisor.